## UNDERSTANDING FLYING

## A BEGINNER'S GUIDE

## ARRIVING AT THE AIRPORT



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Use your airlines app to check real-time reports, so if your flight is delayed you will know. Check in to your flight 24 hours before to confirm your seat. Arrive at least 1 hour before. Wear comfortable clothing and bring a jacket, some international flights can last several hours. Be organized, when you are going through security and have your travel documents readily available. Gather all your electronics in one bag and be prepared to show them. Remember, any liquids you're carrying through TSA checkpoints must be less than 3.4 ounces and placed in a see-through bag.

## DURING YOUR FLIGHT



Keep your boarding ticket readily available, you'll need it to board the plane. Verify your seat before sitting down and stowing away your carry on. Your personal item should be placed underneath the seat in front of you. It may take several minutes before the plane takes off, get yourself comfortable. Every airline is different, some will have wi-fi, entertainment or food service. To be prepared, have a backup that doesn't require internet and snacks. You will not be able to get out of your seat until the pilot indicates it is safe to do so.

## WHILE AT THE AIRPORT

Going through security requires that you unpack and show some of the items you are carrying with you. Before moving through the airport take some time to re-organize yourself and verify that you have all your items with you. Airports vary in size, a good practice is to become familiar with your departure gate before exploring. After you have located your gate, you can relax and unwind. Depending on when your flight departs you may have the opportunity to eat, work on projects, or take a quick nap. Remember to be at your gate when boarding begins.

## CONNECTIONS AND SECURITY

When your plane lands, stay in your seat. The line in the aisle will begin moving soon enough, sit tight until it does. Before you step off the plane, check that you have all your items with you (especially your travel documents). You may have another flight to board as soon as you land. Know where your next gate is by checking your airline app. If you are entering a new country, you will need to through security again. Do not waste time and head there immediately.

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## LUGGAGE PICK UP <br> 

When you have reached your final destination you'll need to make your way to baggage claim. Every airport is distinctively designed, so baggage claim may look different. It is important to look for signs and follow directions. Once you have arrived at the correct baggage carousal keep an eye out for your own suitcase. Being attentive will reduce the amount of time you spend in that area. Inspect your luggage before departing, if you have major damage to your bag that you think was caused by the airline, report it to the airline as soon as possible.

## YOU'VE ARRIVED

What happens next will vary pending on your program. You may be getting picked up by a program coordinator, a student or not getting picked up at all. If you are getting picked up be vigilant for signs or report to the designated pick up location. If you are not getting picked up use recommended methods of transportation to get to your next location. Again, verify that you have all your documents and items with you before leaving the airport. You are ready to begin your next adventure.

## ADDITIONAL TIPS

Make your luggage stand out - International flights can have over 100 people, which can make baggage claim a headache. Placing colorful duct tape on the handle can help easily identify your luggage so you don't miss it.

Research local transportation in advance - If you will be securing your own transportation to your accommodations. Some countries offer Uber and Lyft, others don't. Know what your options are.

Checking your Carry On - sometimes due to limited space on the airplane cabin, you may be required to check your carry on. What this means is your luggage would be handed off and tagged as your board your plane. Upon disembarking, make a line to the left side of the passenger boarding bridge. Your luggage will be given to you here.

What to put in your carry-on - Always travel with a change of clothes, tooth brush, and tooth paste on your carry-on. This comes is very handy in the event of long layovers or lost luggage.

